

## Early Help Questions for Parents / Carers / Family Members

If you had an issue in your family, for example:

If your **family** was having difficulties due to **financial or relationship** problems

You were concerned about one of your **children**

1.

How would you go about getting **information about help** that might be available?

Would you look on *on-line* – if so where?

Would you ask *someone* – if so who?

2.

How could it be made **easier** to get this information?

3.

If you needed advice or help, is there a **trusted person** that you would go to? (For example a family member, friend, school teacher, GP etc.)

4.

**Where** else might you go for help now?

5.

Where would you *like* to be able to go for **help in the future**?

6.

If you approach someone to ask for help, they will need some information about your family circumstances and the issue you are worried about in order to decide how best to help you.

What would be the **easiest way for you to give them this information**? (e.g. by telephone, face to face or online through a website).